



CITY OF BEVERLY HILLS
Telephonic / Video Conference Meeting
455 North Rexford Drive
Beverly Hills, CA 90210

HEALTH AND SAFETY COMMISSION REGULAR MEETING

MINUTES

Monday, October 25, 2021
4:00 p.m.

OPEN MEETING

Date/Time: October 25, 2021 / 4:00 p.m.

PLEDGE OF ALLEGIANCE

ROLL CALL

Commissioners Present: Commissioners Rosenthal, Felsenthal, and Hilborne, Vice Chair Chang, and Chair Baker

Commissioners Absent: None

Staff Present: Fire Chief Gregory Barton, Deputy Fire Chief Joseph Matsch, Battalion Chief David Perusse, Captain Max Subin, Cindy Owens, Gabrielle Ressa, Meena Janmohamed, Jessie Holzer, Christian Vasquez, Karen Gutierrez

COMMUNICATIONS FROM THE AUDIENCE

None.

APPROVAL OF AGENDA

By order of the Chair, the agenda was approved as presented.

CONSENT CALENDAR

- 1. Resolution of the Health and Safety Commission of the City of Beverly Hills authorizing public meetings to be held via teleconferencing pursuant to government code section 54953(e) and making findings and determinations regarding the same**

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Motion: MOVED by Vice Chair Chang, SECONDED by Commissioner Hilborne to adopt the resolution as presented (5-0).

2. Consideration of minutes from the Health and Safety Commission regular meeting on September 27, 2021.

To remove item #9 Emergency Kits and Other Emergency Tips as this item was included in error.

Motion: MOVED by Commissioner Hilborne, SECONDED by Commissioner Rosenthal to approve the minutes as amended (5-0).

REPORTS FROM PRIORITY AGENCIES

- Beverly Hills Unified School District (BHUSD) - BHUSD Governing School Board Member Honorable Mary Wells provided an update to the Commission. Highlights included mandatory COVID-19 testing, Horace Mann Elementary multi-cultural event, Hawthorne High School Harvest Festival, homecoming game and homecoming dance.
- Beverly Hills Police Department – Captain Max Subin updated the Commission on the Department’s new staffing positions that of Police Chief Mark Stainbrook and Lieutenant Giovanni Trejo. Captain Subin also spoke on the Neighborhood Watch program and shared recent metrics.
- Beverly Hills Fire Department – C-Shift Platoon Battalion Chief David Perusse updated the Commission on incidents, responses metrics, and strike team deployment regarding the Dixie fire assignment.

CONTINUED BUSINESS

3. Moment of Mindfulness

Commissioner Erica Felsenthal, PhD, led the Commission in a "Moment of Mindfulness" which teaches mental health, resiliency, and mindfulness techniques. The Commission participated in an exercise titled Physiological Sigh, a powerful breath work tool to promote healing and relaxation, for this month’s topic of mindfulness and social media.

4. Health and Safety Recognition Award

The Health and Safety Commission honors an individual, business, or group who has demonstrated leadership in the field of health and safety, or has contributed to the mission of the Health and Safety Commission. For this meeting, Health and Safety Commission Chair Cathy Baker selected to acknowledge the efforts Dion Jackson, Athletic and Fitness Association of America certified group fitness trainer.

5. Smoking and Tobacco Informational Update

Management Analyst Gabrielle Ressa, and Policy and Management Analyst Cynthia Owens provided an informational update to the Commission. Updates included a tobacco

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hardship exemption application, and Senate Bill 395, a 12.5% tax increase on electronic cigarettes. Staff addressed Commissioner inquiries.

6. COVID-19 Update

Meena Janmohamed, Emergency Management Manager, updated the Commission on a variety of COVID-19 metrics including vaccination. She shared vaccine safety and booster vaccine data, as well as Delta variant virus and testing information. She spoke on the Current Health Order and the City's continued response to the pandemic. Chair Baker shared additional safety tips.

Resources provided during this presentation:

- For the latest updates on COVID-19, visit www.beverlyhills.org/novelcoronavirus
- Code Enforcement (310) 289-1111
- For information about how to get vaccinated, visit:
 - www.Myturn.ca.gov
 - www.Vaccinate.la.county.com
 - (833) 540-0473
 - www.Myvaccinerecord.cdph.ca.gov

NEW BUSINESS

7. The Seventh Inning Stretch

This item is a pro-health intermission dedicated to the need to stay active. Senior Yoga Teacher Rishi Nagori, led the Commission in a "Seventh Inning Stretch". He provided a short demonstrational video, which addressed the positive aspects of stretch relief, injury prevention, blood circulation and mind rejuvenation.

Resources provided during this presentation:

- Visit www.rishiyoga.in/instructors/ for more information.

8. Quarterly Active Transportation Programs Update

The Commission heard a presentation on transportation accessibility, which included the Roxbury Drive protected bike lane pilot project as well as others located on Spalding Drive, North Santa Monica Boulevard and Charleville/Gregory Way. Staff highlighted the City's participation in National Safety Pedestrian Safety month and spoke on the complete streets plan implementation and the slow streets program addressing active mobility within the Beverly Hills community.

Resources provided during this presentation:

- Visit the following websites for more information:
 - o www.beverlyhills.org/completestreets
 - o www.beverlyhills.org/bikes
 - o www.beverlyhills.org/slowstreets

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9. Substance and Alcohol Abuse

The Health and Safety Commission heard an informational presentation on substance and alcohol abuse and mental health by Beverly Hills High School Wellness Counselor Alison Norman-Franks. She provided an overview of the NormanAid Wellness Center and the programs and services offered. Alison shared resources available at the established mental health wellness center for the public to seek.

For more information visit <https://bhhs.bhusd.org/> or call (310) 229-3685.

10. Cyber-Security

Online Privacy Expert Hayley Kaplan provided an informational presentation on cyber-security. She spoke on key elements of passwords, Wi-Fi connection, avoiding the use of debit cards online, and protecting your banking information. Hayley suggested lexis-nexus to receive a verified report and disclosure report to monitor identity theft. She emphasized monitoring privacy settings and avoiding signing in to other apps via Google.

For more information, visit <https://what-is-privacy.com/> and <https://removeonlineinfo.com/>.

11. Social Media Safety

CEO of Organization for Social Media Safety Marc Berkman presented to the Commission on social media safety. He spoke on major social media related dangers that threaten children and shared preventive safety measures like the Buckling of the Social Media Seatbelt System and a reactionary safety measure called Breaking the Glass once a threat has been encountered. This includes:

- Calibrating the safety and privacy settings
- Social media safety rules for your family to follow
- Social media safety conversations with your family to avoid dangers and instill values of social media.

He emphasized awareness of solicitation of substance and abuse on social media.

For more information and resources on social media seatbelt system, visit www.ofsms.org.

PROJECT UPDATES

None.

COMMUNICATIONS FROM THE COMMISSION

- Chair's Report
 - Mayor's Cabinet Meeting Highlights – September 13, 2021
 - Chair Cathy Baker attended the September 13, 2021 Mayor's Cabinet Meeting. Highlights were included in the packet for Commissioners to read.
- Commissioner Items – none.

COMMUNICATIONS FROM STAFF


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- Director's Report – none.
- Community Emergency Response Team (CERT) Newsletters – the latest CERT newsletters were included in the packet for Commissioners to read.

ADJOURNMENT

Date / Time: October 25, 2021 / 6:36 p.m.

PASSED AND APPROVED THIS 23th DAY OF AUGUST, 2021



Cathy Baker, Chair